



Clothing & Shoes

Tailored for a mix of walking, photography, and romantic dining.

- ☐ 1 casual chic daytime outfit (light blouse/shirt, trousers or midi skirt)
- ☐ 1 elevated evening outfit (light dress, jumpsuit, or dress shirt/slacks)
- ☐ 1 light jacket or shawl (for air-conditioned venues or breezy evenings)
- ☐ 1 pair of comfortable walking shoes
- ☐ Optional: 1 pair of dress shoes (for dinner)
- ☐ Sleepwear (1 set)
- ☐ Undergarments (1–2 sets)
- ☐ Socks (2 pairs)
- ☐ Sunglasses
- ☐ Compact umbrella or rain-resistant jacket
- ☐ Reusable day bag or compact crossbody for exploring



Personal Items

Only the essentials for a 1-day international trip.

- ☐ Toothbrush & small toothpaste
- ☐ Deodorant
- ☐ Hairbrush or travel comb
- ☐ Sunscreen (travel size)
- ☐ Lip balm with SPF
- ☐ Makeup basics (if applicable)
- ☐ Facial wipes or cleanser
- ☐ Medications (daily/backup dose in original containers)
- ☐ Feminine hygiene products (if applicable)
- ☐ Contact lenses or glasses
- ☐ Travel-sized hand sanitizer
- ☐ Small pack of tissues



Technology & Entertainment

For flight comfort, productivity, and documentation.

- ☐ Smartphone + charger
- ☐ Power bank (pre-charged)
- ☐ EU plug adapter
- ☐ Headphones or earbuds
- ☐ Phone with pre-downloaded Google Maps & translation app
- ☐ Offline entertainment:
 - ☐ 1-2 downloaded movies
 - ☐ A book or eBook
 - ☐ Crossword puzzle or mini coloring book + pen
- ☐ Camera (optional, phone is sufficient for most travelers)

Travel Documents & Essentials

Avoid any airport mishaps with these key items.

- ☐ Passport (valid for at least 6 months)
- ☐ Printed/digital boarding pass
- ☐ Travel insurance (digital or printed copy)
- ☐ Hotel reservation (digital and/or printed)
- ☐ Activity reservation/tickets (if booked in advance)
- ☐ Credit/debit card + small amount of Euros (cash)
- ☐ Emergency contact list (digital or paper copy)



Extras & Comfort

- ☐ Reusable water bottle (empty at airport security)
- ☐ Snacks for the flight (protein bar, nuts, gum)
- ☐ Travel neck pillow
- ☐ Sleep mask and earplugs (for flights or hotel rest)
- ☐ Light scarf (multi-purpose—blanket, wrap, etc.)
- ☐ Small foldable bag for any shopping or market strolls
- ☐ Mini laundry bag or ziplock for worn clothing



Final Reminders

- ☐ Charge all electronics the night before
- ☐ Set phone to offline maps mode for Paris
- ☐ Double-check passport, wallet, and phone before leaving
- ☐ Leave room for souvenirs if planning to shop
- ☐ Check current travel advisories and airline baggage rules