

Clothing & Shoes

- □ 1× Casual outfit for walking (e.g., activewear, shorts + tank)
- ☐ 1× Lightweight casual outfit for lunch or exploring
- □ 1× Evening outfit (dressy casual for rooftop dinner/bar)
- ☐ 1× Swimsuit (for beach photo ops or a quick dip)
- □ 1× Light cardigan or jacket (for cooler evening breezes)
- ☐ 1× Undergarments & socks
- ☐ 1× Comfortable walking shoes or sandals
- ☐ 1× Flip flops or water shoes (optional)
- ☐ Sunglasses
- ☐ Wide-brimmed hat or cap (for sun protection)
- ☐ Lightweight sleepwear

Personal Care Essentials

- ☐ Toothbrush + toothpaste (travel size)
- □ Deodorant
- ☐ Sunscreen (reef-safe recommended)
- ☐ Lip balm with SPF
- ☐ Moisturizer (air travel can dry skin)
- ☐ Hairbrush/comb
- ☐ Shampoo & conditioner (travel size)
- ☐ Razor (TSA-compliant if carry-on)
- ☐ Basic makeup or grooming items (if used)
- Feminine hygiene products (if applicable)
- ☐ Medications (labeled and in original packaging)
- ☐ Hand sanitizer and tissues



| ۴ | Tech | & | Er | itei | rtai | in | me | ent |
|---|------|---|----|------|------|----|----|-----|
|---|------|---|----|------|------|----|----|-----|

- ☐ Phone + charger
- ☐ Portable power bank
- ☐ Headphones or earbuds
- ☐ Travel adapter (Australia uses Type I plugs)
- ☐ Pre-downloaded map of Sydney (Google Maps offline)
- Downloaded playlists, shows, podcasts
- ☐ Camera or GoPro (optional)
- ☐ E-book or pocket book (for flights/ferry)

Travel Documents

- ☐ Passport (valid for at least 6 months from return)
- ☐ ETA or visitor visa (if applicable for Australia)
- ☐ Flight tickets / boarding passes (print or app)
- ☐ Hotel booking confirmation (print or screenshot)
- ☐ Travel insurance details
- ☐ Emergency contact info
- ☐ Debit/credit card + small AUD cash
- ☐ Government-issued ID (if separate from passport)



Extras & Comfort

- ☐ Reusable water bottle (fill after security)
- ☐ Lightweight towel or sarong (multi-purpose for beach)
- ☐ Travel-size umbrella (for coastal winds or sun)
- ☐ Snacks (granola bars, nuts, dried fruit)
- ☐ Small crossbody bag or backpack (for daily essentials)
- ☐ Ziplock bag for wet/swim items
- ☐ Small laundry or shoe bag
- □ Neck pillow (for flight comfort)
- ☐ Eye mask and earplugs (for hotel rest)

Travel Tips & Reminders

- Charge all devices the night before travel
- Check local forecast 24 hrs before packing
- Bring a pen for customs paperwork
- Pack your bulkiest shoes to wear on the plane
- Keep documents and ID in one easily accessible pouch
- Download ferry schedule or Opal transport card app
- Stay hydrated—especially after the coastal walk!