



Clothing & Shoes

- ☐ 1× Comfortable jeans or trousers
- ☐ 1× Casual top or blouse (daytime wear)
- ☐ 1× Light sweater or cardigan (museums & layering)
- ☐ 1× Waterproof jacket or trench coat (for unpredictable rain)
- ☐ 1× Dressy-casual outfit for dinner/nightcap (e.g., button-up, nice blouse, or dress)
- ☐ 1× Undergarments + socks
- ☐ 1× Sleepwear
- ☐ 1× Comfortable walking shoes (closed-toe, waterproof preferred)
- ☐ 1× Optional: Foldable flats or nicer shoes for dinner

☐ Sunglasses

☐ Lightweight scarf (for wind/rain or style)

Personal Care Essentials

- ☐ Toothbrush + toothpaste (travel size)
- ☐ Deodorant
- ☐ Hairbrush/comb
- ☐ Lip balm
- ☐ Moisturizer & sunscreen (even if cloudy)
- ☐ Travel-size shampoo/conditioner & body wash (hotel may provide)
- ☐ Razor (TSA-approved if carry-on only)
- ☐ Makeup basics (if used)



- ☐ Feminine hygiene products (if needed)
- ☐ Medications (with labels/prescriptions if needed)
- ☐ Mini hand sanitizer & pack of tissues

Tech & Entertainment

- ☐ Phone + charger
- ☐ Portable power bank
- ☐ Headphones or earbuds
- ☐ Universal travel adapter (UK plug type G)
- ☐ Downloaded maps (Google Maps offline)
- ☐ Optional: Kindle or small book
- ☐ Optional: Journal or mini sketchpad

- ☐ Pre-downloaded playlist, podcast, or Netflix episodes for flight
- ☐ Camera (if not using phone)



Travel Documents

- ☐ Passport (valid for at least 6 months)
- ☐ Visa or entry documents (if required)
- ☐ Boarding passes (printed or app)
- ☐ Hotel reservation (screenshot or print)
- ☐ Travel insurance info
- ☐ Emergency contact info
- ☐ Local currency (£ GBP) or international credit card
- ☐ ID (if separate from passport)



Extras & Comfort

- ☐ Neck pillow (for flight or power nap)
- ☐ Reusable water bottle (fill after TSA)
- ☐ Travel-size umbrella
- ☐ Snacks (granola bar, nuts, dried fruit)
- ☐ Small tote or crossbody bag for the day
- ☐ Breath mints or gum
- ☐ Eye mask & earplugs (if sensitive to noise/light)
- ☐ Reusable shopping bag (for souvenirs or groceries)
- ☐ Mini laundry bag or plastic bag for worn clothes



Travel Tips & Reminders

- ☒ Charge all devices the night before
- ☒ Bring a pen for customs forms
- ☒ Use a packing cube or compression bag for space-saving
- ☒ Roll clothes to prevent wrinkles
- ☒ Check weather 24 hrs before departure
- ☒ Carry a copy of passport & emergency contacts in a separate location