



Clothing & Shoes

- 1× Comfortable jeans or trousers
- 1× Casual top or blouse (daytime wear)
- 1× Light sweater or cardigan (museums & layering)
- 1× Waterproof jacket or trench coat (for unpredictable rain)
- 1× Dressy-casual outfit for dinner/nightcap (e.g., button-up, nice blouse, or dress)
- 1× Undergarments + socks
- 1× Sleepwear
- 1× Comfortable walking shoes (closed-toe, waterproof preferred)
- 1× Optional: Foldable flats or nicer shoes for dinner

Sunglasses

Lightweight scarf (for wind/rain or style)

Personal Care Essentials

- Toothbrush + toothpaste (travel size)
- Deodorant
- Hairbrush/comb
- Lip balm
- Moisturizer & sunscreen (even if cloudy)
- Travel-size shampoo/conditioner & body wash (hotel may provide)
- Razor (TSA-approved if carry-on only)
- Makeup basics (if used)



- Feminine hygiene products (if needed)
- Medications (with labels/prescriptions if needed)
- Mini hand sanitizer & pack of tissues

Tech & Entertainment

- Phone + charger
- Portable power bank
- Headphones or earbuds
- Universal travel adapter (UK plug type G)
- Downloaded maps (Google Maps offline)
- Optional: Kindle or small book
- Optional: Journal or mini sketchpad

- Pre-downloaded playlist, podcast, or Netflix episodes for flight
- Camera (if not using phone)

Travel Documents

- Passport (valid for at least 6 months)
- Visa or entry documents (if required)
- Boarding passes (printed or app)
- Hotel reservation (screenshot or print)
- Travel insurance info
- Emergency contact info
- Local currency (£ GBP) or international credit card
- ID (if separate from passport)



Extras & Comfort

- Neck pillow (for flight or power nap)
- Reusable water bottle (fill after TSA)
- Travel-size umbrella
- Snacks (granola bar, nuts, dried fruit)
- Small tote or crossbody bag for the day
- Breath mints or gum
- Eye mask & earplugs (if sensitive to noise/light)
- Reusable shopping bag (for souvenirs or groceries)
- Mini laundry bag or plastic bag for worn clothes

Travel Tips & Reminders

- Charge all devices the night before
- Bring a pen for customs forms
- Use a packing cube or compression bag for space-saving
- Roll clothes to prevent wrinkles
- Check weather 24 hrs before departure
- Carry a copy of passport & emergency contacts in a separate location